### DEMENTIA MAN

An existential journey

The reality described is indeed **real**.

The future imagined is **aspirational**.

The invitation is for you to **make that future come true**.

Written and Performed by Samuel A. Simon

oto: Adam Kissick/APA

#### DEMENTIA MAN

#### An existential journey

## Is it possible to believe in a meaningful future with a neurocognitive disease?

Dementia Man, An Existential Journey is the award-winning autobiographical story of a man who faces his diagnosis of Alzheimer's disease, by actor and playwright Samuel A. Simon. It is a peek into the head and heart of the struggle with a broken medical system and a personal and family challenge.

This show is changing the dialogue about cognitive decline in America. Bring this show to your community so that we may share this inspiring journey and project an uplifting image of those who have this disease, portraying a meaningful life ahead of them. We can live a life with dignity and full of meaning for years to come.

For more information:

Email: sam@dementiaman.com
Visit www.dementiaman.com

"I am now at the five-year mark from the initial MCI diagnosis. We have since learned a lot more about Alzheimer's. And I can sense things getting worse. It raises the stakes on what to do next. What are my choices?

... Maybe, I should stick around, and figure out how to live a meaningful life as a deeply forgetful and confused person. Maybe I can cause trouble, and advocate for the world to accommodate me as I will be. I have been a troublemaker most of my life..."

- excerpt from

Dementia Man, An Existential Journey

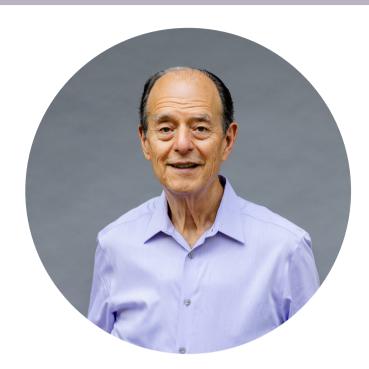


# Dementia Man, An Existential Journey is the recipient of the

#### 2023 Dementia Arts Impact Award



#### Meet Sam



## **Samuel A. Simon**Playwright and Actor

Samuel A. (Sam) Simon started his career in Washington, DC, as a lawyer for Ralph Nader's first advocacy group. He then spent 25 years as head of a public affairs firm. In that work, he was often in the news, appearing on Face The Nation, Phil Donahue Show, Oprah Winfrey Show, Good Morning America, and many more. Sam calls his playwriting and theatre work his 4th Age. His first play, *The Actual Dance, Love's Ultimate Journey Through Breast Cancer*, was later turned into an award-winning memoir.

In 2021, Sam was diagnosed with early-stage Alzheimer's. Despite the enormous challenges of this diagnosis, Sam has become "Dementia Man," a powerful advocate through theater, using his own experience as inspiration to reshape the narrative surrounding cognitive decline. With his newest play **Dementia Man, An Existential Journey**, Sam defies stereotypes and inspires audiences. Sam lives in Mclean, Virginia, with his wife Susan. They have two children and four grandchildren.

#### Rave Reviews

"Sam's story offers a raw, unfiltered view into the challenges one faces when beginning to lose cognition, including the fear of the unknown; the urgency of the decisions that have to be made; and the tribulations of navigating a broken healthcare system all while balancing the desire to live a full life, a comfortable life, and a life of service to others."

- BROADWAY WORLD



"...this is very brave of you—way to go! I love it. I just had my mother get diagnosed with cancer... and her attitude is just like yours: get out loud about it, be brave about it!"

- FOX 5 WASHINGTON D.C.











#### Audience Praise

"I was totally blown away by [Sam's] play: its honesty, its bravery and its wretched portrait of American healthcare, just to name a few reasons why I am still thinking about it today. I hope you get to perform it many more times—and make a change in how the world views your cognitive impairment."

"Very touching and compelling. I was riveted."

"Congratulations to Sam Simon on his brilliantly conceived new work! All were in agreement on the vital importance of this message. A unique first hand account from a charismatic storyteller."

"You have a charm that shines from the stage and makes us feel welcome!"

"A well-orchestrated story."



"...what a profound impact your performance left me to ponder! I truly believe there has to be a way that your performance can reach as many people as possible as there are so many families who are are dealing with the same challenges and struggles as you and Susan are facing each day with grace, honesty, and courage! From the difficulty in getting a diagnosis, to developing a follow-up treatment plan with empathetic care providers, you lay out your journey as the challenge it truly was! It was a privilege to be part of your journey..."

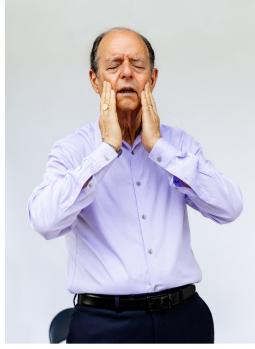
"I congratulate you on your excellent performance and on having the courage to do it."

"This is a very important piece!!!"

"I was totally blown away by [Sam's] play: its honesty, its bravery and its wretched portrait of American healthcare, just to name a few reasons why I am still thinking about it today."

- Audience Member







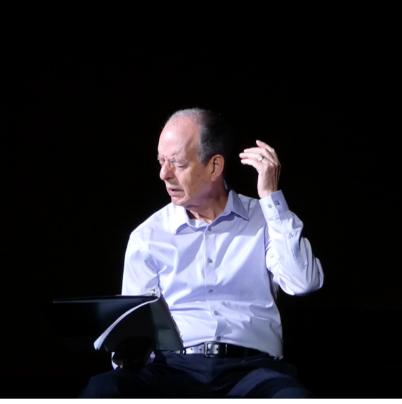
















For bookings & media inquiries, contact Samuel A. Simon

